

## DEPARTMENT OF THE AIR FORCE 59TH MEDICAL WING (AETC) **JOINT BASE SAN ANTONIO - LACKLAND TEXAS**

15 NOV 2016

MEMORANDUM FOR DOR

ATTN: CAPT ANDREW S. MURTHA

FROM: 59 MDW/SGVU

SUBJECT: Professional Presentation Approval

- 1. Your paper, entitled Total. Knee Arthropasty for Posttraumatic Osteoarthritis in Military Personnel Under Age 50 presented at 58th Annual Meeting of the Society of Military Orthopaedic Surgeons, CA. 12-16 Dec in accordance with MDWI 41-108, has been approved and assigned local file #16385.
- 2. Pertinent biographic information (name of author(s), title, etc.) has been entered into our computer file. Please advise us (by phone or mail) that your presentation was given. At that time, we will need the date (month, day and year) along with the location of your presentation. It is important to update this information so that we can provide quality support for you, your department, and the Medical Center commander. This information is used to document the scholarly activities of our professional staff and students, which is an essential component of Wilford Hall Ambulatory Surgical Center (WHASC) internship and residency programs.
- 3. Please know that if you are a Graduate Health Sciences Education student and your department has told you they cannot fund your publication, the 59th Clinical Research Division may pay for your basic journal publishing charges (to include costs for tables and black and white photos). We cannot pay for reprints. If you are 59 MDW staff member, we can forward your request for funds to the designated wing POC.
- 4. Congratulations, and thank you for your efforts and time. Your contributions are vital to We look forward to assisting you in your future the medical mission. publication/presentation efforts.

INDA STEEL-GOODWIN, Col, USAF, BSC

Director, Clinical Investigations & Research Support

PROCESSING OF PROFESSIONAL MEDICAL RESEARCH/TECHNICAL PUBLICATIONS/PRESENTATIONS							
1. TO: CLINICAL RESEARCH 2. FROM: (Au	thor's Name, Rank, Grad	de, Office Symbol)		IT: 4. PROTOCOL NUMBER:			
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<ol> <li>PROTOCOL TITLE: (NOTE: For each new release of medical research or technical information as a publication/presentation, a new 59 MDW Form 3039 must be submitted for review and approval.)</li> </ol>							
6. TITLE OF MATERIAL TO BE PUBLISHED O	6. TITLE OF MATERIAL TO BE PUBLISHED OR PRESENTED:						
Total Knee Arthroplasty for Posttraumatic		itary Personnel Under Age 5	0				
7. FUNDING RECEIVED FOR THIS STUDY? YES NO FUNDING SOURCE:							
8. DO YOU NEED FUNDING SUPPORT FOR PUBLICATION PURPOSES: YES NO							
9. IS THIS MATERIAL CLASSIFIED? YES NO							
10. IS THIS MATERIAL SUBJECT TO ANY LEGAL RESTRICTIONS FOR PUBLICATION OR PRESENTATION THROUGH A COLLABORATIVE RESEARCH							
AND DEVELOPMENT AGREEMENT (CRADA), MATERIAL TRANSFER AGREEMENT (MTA), INTELLECTUAL PROPERTY RIGHTS AGREEMENT ETC.?  YES NO NOTE: If the answer is YES then attach a copy of the Agreement to the Publications/Presentations Request Form.							
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11a. PUBLICATION/JOURNAL (List intended publication/journal.)							
11b. PUBLISHED ABSTRACT (List intended journal.)							
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11c. POSTER (To be demonstrated at m	eeting; name of meeting	g, city, state, and date of meeting	.)	707			
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11d. PLATFORM PRESENTATION (At civilian institutions: name of meeting, state, and date of meting.)							
58th Annual Meeting of the Society	of Military Orthopaed	lic Surgeons, CA, 12-16 Dec					
11e. OTHER (Describe: name of meeting, city, state, and date of meeting.)							
12. HAVE YOUR ATTACHED RESEARCH/TECHNICAL MATERIALS BEEN PREVIOUSLY APPROVED TO BE PUBLISHED/PRESENTED?							
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December 01, 2016							
14. 59 MDW PRIMARY POINT OF CONTACT		e, M.I., email)		15. DUTY PHONE/PAGER NUMBER			
Murtha, Andrew, S., andrew.s.murtha2.mil@mail.mil 210-916-3410							
<ol> <li>AUTHORSHIP AND CO-AUTHOR(S) List LAST NAME, FIRST NAME AND M.I.</li> </ol>	in the order they will app GRADE/RANK		CIOC SYMPOL I	TOTAL TION OF THE LIGHT			
a. Primary/Corresponding Author	GRADE/RANK	SQUADRON/GROUP/OF	FICE SYMBOL II	NSTITUTION (If not 59 MDW)			
Andrew S. Murtha	Capt/O3	959 CSPS	55	MDW			
b. Anthony E. Johnson	COL/O6						
c. Joseph A. Buckwalter	Civilian		U	niversity of Iowa			
d Jessica C. Rivera	MAJ/04						
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17. IS A 502 ISG/JAC ETHICS REVIEW REQ	UIRED (JER DOD 5500	07-R)?		1100 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0			
I CERTIFY ANY HUMAN OR ANIMAL RESEARCH RELATED STUDIES WERE APPROVED AND PERFORMED IN STRICT ACCORDANCE WITH 32 CFR							
219, AFMAN 40-401_IP, AND 59 MDWI 41-108. I HAVE READ THE FINAL VERSION OF THE ATTACHED MATERIAL AND CERTIFY THAT IT IS AN ACCURATE MANUSCRIPT FOR PUBLICATION AND/OR PRESENTATION.							
18. AUTHOR'S PRINTED NAME, RANK, GRA		19. AUTHOR'S SIGNA	ATUPE /	20. DATE			
Andrew S. Murtha, Capt, O3		15.0	(04)	September 22, 2016			
21. APPROVING AUTHORITY'S PRINTED NA		PZ APPROVING AUT	HORITY'S SIGNATURE	23. DATE			
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## Total Knee Arthroplasty for Posttraumatic Osteoarthritis in Military Personnel Under Age 50

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## Abstract:

United States military personnel frequently suffer knee injuries. The resulting progressive post-traumatic osteoarthritis (PTOA) causes significant disability in these young high-demand patients for which total knee arthroplasty (TKA) is the only effective treatment of their pain and impairment. Yet the use of this option for treatment of PTOA has not been studied. This retrospective review identified 74 knees in 64 U.S. military personnel who underwent TKA at  $\leq$  50 years-of-age during an eight year period at a tertiary-care, academic, military medical center. Fifty-five knees (74.3%) experienced one or more prior ligamentous, meniscal, or chondral injuries prior to arthroplasty. Only one subject had a history of osteochondral intra-articular fracture. The average at injury was 29.2 years (SD  $\pm$  9.4) with an average age at arthroplasty of 44.3 years ( $\pm$  5.3). The most common injury was anterior cruciate ligament rupture (n=19) with a mean time to TKA of 23.1 years ( $\pm$  23.5) and 18.8 years ( $\pm$  9.5) when concomitant meniscal pathology was noted. Nineteen patients were noted to have radiographic and symptomatic end-stage osteoarthritis without a specified etiology at 44.2 years ( $\pm$  3.6) and underwent subsequent TKA. This is the first study to evaluate treatment of end-stage PT OA in young people treated with TKA, finding that the incidence of PTOA as an indication for arthroplasty is significantly higher than among civilians. In this otherwise healthy, high-demand patient population, the rate of OA progression following knee injury is accelerated and the long term implications can be career and life-altering.

All authors (ASM, AEJ, JAB, JCR) meet criteria for authorship based on contributions to the design and conduct of this research, manuscript development/revision, and approval of the final submitted version. The opinions or assertions contained herein are the private views of the authors and are not be 26 construed as official or as reflecting the views of the Department of the Army or the Department of Defense.